Where to Find Up-to-Date Information on Coronavirus (COVID-19)

The New York City Department of Health and Mental Hygiene has made the following recommendations:

- You can prevent the spread of any virus by staying home if you feel sick, covering your sneezes and coughs with your sleeve (not your hands) and washing your hands often.

- If you feel flu-like symptoms (fever, cough, and shortness of breath), and recently traveled to an area affected by coronavirus, or have been in close contact with someone who has, go to your doctor. If you have symptoms but no travel history, stay home and call your doctor. If you need connection to a medical professional, call 311.

- If you’re feeling well, no need to wear a face mask—and don’t worry if someone else does. People wear face masks for many reasons—be respectful.

You can visit www.nyc.gov/health/coronavirus for updates and other helpful information.